

2025 THE PROGRAM SCHEDULE

*subject to change

U15 Elite Skaters and Goalie July 1 – July 25, 2025



Day	Date	Start	End	Activity	Location
July 1- July 4	Tue/Thu/Fri	11:45 AM	12:00 PM	Warm Up	Field/Cage
July 1- July 4	Tue/Thu/Fri	12:00 PM	1:00 PM	S&C	Field/Cage
July 1- July 4	Tue/Thu/Fri	1:00 PM	1:30 PM	Prep for Ice	Dressing Room
July 1- July 4	Tue/Thu/Fri	1:30 PM	2:30 PM	Ice Session	MNP 2
July 1- July 4	Tue/Thu/Fri	2:45 PM	3:00 PM	Cool Down	Field/Cage
July 7-11	Mon/Tue/Thu	12:00 PM	12:15 PM	Warm Up	Field/Cage
July 7-11	Mon/Tue/Thu	12:15 PM	1:15 PM	S&C	Field/Cage
July 7-11	Mon/Tue/Thu	1:15 PM	1:45 PM	Prep for Ice	Dressing Room
July 7-11	Mon/Tue/Thu	1:45 PM	2:45 PM	Ice Session	MNP 2
July 7-11	Mon/Tue/Thu	3:00 PM	3:15 PM	Cool Down	Field/Cage
July 14-18	Mon/Tue/Thu	12:00 PM	12:15 PM	Warm Up	Field/Cage
July 14-18	Mon/Tue/Thu	12:15 PM	1:15 PM	S&C	Field/Cage
July 14-18	Mon/Tue/Thu	1:15 PM	1:45 PM	Prep for Ice	Dressing Room
July 14-18	Mon/Tue/Thu	1:45 PM	2:45 PM	Ice Session	MNP 2
July 14-18	Mon/Tue/Thu	3:00 PM	3:15 PM	Cool Down	Field/Cage
July 21-25	Mon/Tue/Thu	3:00 PM	3:15 PM	Warm Up	Field/Cage
July 21-25	Mon/Tue/Thu	3:15 PM	4:15 PM	S&C	Field/Cage
July 21-25	Mon/Tue/Thu	4:15 PM	4:45 PM	Prep for Ice	Dressing Room
July 21-25	Mon/Tue/Thu	4:45 PM	5:45 PM	Ice Session	MNP 1
July 21-25	Mon/Tue/Thu	6:00 PM	6:15 PM	Cool Down	Field/Cage

The Program operates out of MNP Place
4105 Gordon Drive Kelowna, BC

okanaganhockey.com
Toll Free: 1-888-844-6611

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U15 Elite Skaters and Goalie

July 28 – August 22, 2025



Day	Date	Start	End	Activity	Location
July 28-Aug 1	Mon/Tue/Thu/Fri	11:45 AM	12:00 PM	Warm Up	Field/Cage
July 28-Aug 1	Mon/Tue/Thu/Fri	12:00 PM	1:00 PM	S&C	Field/Cage
July 28-Aug 1	Mon/Tue/Thu/Fri	1:00 PM	1:30 PM	Prep for Ice	Dressing Room
July 28-Aug 1	Mon/Tue/Thu/Fri	1:30 PM	2:30 PM	Ice Session	MNP 2
July 28-Aug 1	Mon/Tue/Thu/Fri	2:45 PM	3:00 PM	Cool Down	Field/Cage
Aug 4-8	Mon/Tue/Thu/Fri	11:45 AM	12:00 PM	Warm Up	Field/Cage
Aug 4-8	Mon/Tue/Thu/Fri	12:00 PM	1:00 PM	S&C	Field/Cage
Aug 4-8	Mon/Tue/Thu/Fri	1:00 PM	1:30 PM	Prep for Ice	Dressing Room
Aug 4-8	Mon/Tue/Thu/Fri	1:30 PM	2:30 PM	Ice Session	MNP 2
Aug 4-8	Mon/Tue/Thu/Fri	2:45 PM	3:00 PM	Cool Down	Field/Cage
Aug 11-15	Mon/Tue/Thu/Fri	11:30 AM	11:45 AM	Warm Up	Field/Cage
Aug 11-15	Mon/Tue/Thu/Fri	11:45 AM	12:45 PM	S&C	Field/Cage
Aug 11-15	Mon/Tue/Thu/Fri	12:45 PM	1:15 PM	Prep for Ice	Dressing Room
Aug 11-15	Mon/Tue/Thu/Fri	1:15 PM	2:15 PM	Ice Session	MNP 2
Aug 11-15	Mon/Tue/Thu/Fri	2:30 PM	2:45 PM	Cool Down	Field/Cage
Aug 18-22	Mon-Fri	11:15 AM	11:30 AM	Warm Up	Field/Cage
Aug 18-22	Mon-Fri	11:30 AM	12:30 PM	S&C	Field/Cage
Aug 18-22	Mon-Fri	12:30 PM	1:00 PM	Prep for Ice	Dressing Room
Aug 18-22	Mon-Fri	1:00 PM	2:00 PM	Ice Session	MNP 2
Aug 18-22	Mon-Fri	2:15 PM	2:30 PM	Cool Down	Field/Cage

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